III INTERNATIONAL CONGRESS

HANDI-CAPABILITIES

Research & Development

21 November 2026 | Universidade Católica Portuguesa, Porto

Preliminary Scientific Programme

Morning sessions | Programme and participation subject to confirmation.

08:00 - 09:00

Registration and Welcome

09:00 - 09:30

Opening Ceremony

Representatives of the SANITUS Foundation; Universidade Católica Portuguesa; Panathlon International; Les Amis du Plateau; Municipality of Créteil; Portuguese Society of Lifestyle Medicine; and Directorate-General of Health of Portugal.

09:30 - 10:00

KEYNOTE LECTURE I

The New National School Health Programme

Chair: António Rui Leal | SANITUS Foundation, Portugal

Gisela Leiras
Directorate-General of Health, Portugal
Head of the Division of Literacy, Health and Well-being; Coordinator, National School Health Programme.

10:00 - 11:30

ROUND TABLE I

The VITABalance-Med Project: Developments and Research

Chair: Miguel Freitas | SANITUS Foundation, Portugal

David Nascimento Moreira
Public Health Unit, Barcelos/Esposende Local Health Unit, Portugal

João Neves-Amado
Faculty of Health Sciences and Nursing, Universidade Católica Portuguesa, Portugal

Teresa Adão
Edições Esgotadas, Portugal

Rosália Páscoa
Faculty of Medicine, University of Porto, Portugal

Paula Santos
Faculty of Sport, University of Porto, Portugal

Cristina Vaz de Almeida
Portuguese Society of Health Literacy, Portugal

11:30 - 12:00

Coffee Break

SCIENTIFIC PROGRAMME

Keynotes and discussion

21 November 2026 | Times are local to Porto, Portugal.

12:00 - 12:30

KEYNOTE LECTURE II

HANDI-Capabilities: A Socio-Medical Formula for Fair Assessment?

Chair: Rosalie Morgado | SANITUS Foundation, France

António Rui Leal
President, SANITUS Foundation, Portugal

12:30 - 13:30

Networking Lunch

13:30 - 14:00

KEYNOTE LECTURE III

Building an Inclusive University Model

Chair: Nelson Campos | SIPRERECA (online)

Luis Santiago Quiroz Fernández
Rector, Universidad Técnica de Manabí, Ecuador

14:00 - 15:30

ROUND TABLE II

Work and HANDI-Capabilities: New Ideas and Emerging Challenges

Chair: Pedro Costa | Authority for Working Conditions (ACT), Portugal

Rui Cernadas
Associação Nacional dos Médicos de Medicina do Trabalho, Portugal

Joaquim Brites
Associação Portuguesa de Neuromusculares, Portugal

Sylvia Cameira
Deputy Mayor for Inclusion and Disability, Municipality of Brunoy, France

Esteban García Porrero
Ibero-American Society of Cardiovascular Prevention and Rehabilitation, Spain

Khawer Naveed Siddiqui (Online)
Heart Friends Around the World, India

Elena Toader
AMET Santé au Travail, France

15:30 - 16:00

KEYNOTE LECTURE IV

Value-Based Medicine, iVBM and HANDI-Capabilities: Towards a New Global Model?

Chair: Carole Fournaise | SANITUS Foundation, France

Marc Rozenblat
President, Panathlon International - France District, France

16:00 - 16:30

Coffee Break

Demonstrations and closing

21 November 2026 | Times are local to Porto, Portugal.

16:30 - 17:00

Special Sessions and Demonstrations

EU-R-EKO Game
Teresa Adão | Edições Esgotadas, Portugal

Educational App Demonstration
Benoit Foulon | SPARTED, France (online)

KAPIDANSE Project
Carole Fournaise and Thierry Boivin, France

Educational Initiatives
Teachers from schools in Barcelos, Portugal

Math Biology
Francesca Aiello | Math Biology, Italy (online)

17:00 - 17:30

Congress Patrons Session

Sílvia São Miguel
SANITUS Foundation, Portugal

Alessandra Pentone
International Chair in Bioethics, Italy (online)

Hugo Vilela
Associação Portuguesa de Neuromusculares, Portugal

Thierry Boivin
SANITUS Foundation, France

17:30 - 18:00

International Collaboration Agreement: Signing Ceremony

Signing of the International Collaboration Protocol: 10 ENTITIES

18:00 - 18:30

Closing Ceremony

Representatives of the SANITUS Foundation; Panathlon International; Municipalities of Barcelos, Espinho, Feira and Porto; ACT - Portugal; Les Amis du Plateau.

Representative of the Portuguese Republic: to be confirmed.

18:30 - 19:00

Closing Cocktail