

## III Congresso: “HANDI-CAPABILITIES: RESARCH & DEVELOPMENT”

### Programme and Objectives of the Congress

- To present a new paradigm of integration and socio-medical valorization, where the person with a disability is seen as an agent of **social transformation**, capable of innovation and performance.
- To promote inclusive educational initiatives, particularly the **inclusive VitaBalance-Med** project, as a transdisciplinary approach to education, for health, well-being, and functional autonomy, aimed at young people, schools, and other institutions, within the educational ecosystem.
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### Preliminary Programme – 21 November 2025 – UCP - Porto

08:00 – 09:00: Participants Reception

09:00 – 09:30: **Official Opening**

Reps: **SANITUS + UCP + PIDFRA + Amis du Plateau + City Hall of Creteil + ICB + CMP**

09:30 – 11:00: **Round Table – “The VitaBalance-Med Project – new developments and research”**

*Moderator*\_Alvaro Ribeiro: Participants: David Moreira, MD (ULS-BE), João Amado, PhD (FCSE-UCP), Teresa Adão, PhD (EE), + Rosalia Páscoa, PhD (FMUP)? + Paula Santos, PhD (FADE-UP ?) + Cristina Vaz (SPLS).

11:00 – 11:15: Coffee Break

11:15 – 12:15: **Master Conference – “Handi-Capabilities: What socio-medical formula to calculate?”**

*Speaker*: António Rui Leal, MD, PhD (FS) + *Moderator*: Rosalie Morgado (FS)

12:15 – 13:30: Brunch

13:30 – 15:00: **Round Table – “Work & Handi-Capacities: New Ideas, New Challenges”**

*Moderator*\_David Moreira: Participants: Elena Toader, RN (AMET), Joaquim Brites (APN) + Nelson Campos, MD, PhD (SIPRERCA) + Dra Mihaela Suceavanu, MD, PhD (HFAW?) + Silvia Cameira (FR) + (India?)

15:00 – 16:00: **Master Conference– “VBM and Handi-Capabilities: a new global & international model?”**

*Speaker*: Marc Rozenblat (PIDFRA) + *Moderator*: Carole Fournaise (FS)

16:00 – 16:30: **Special Moments**: **EU-R-EKO Game**: Alvaro Ribeiro, PhD (FS) + **Educational App**: Benoit Foulon (SPARTED) + **Kapidanse**: Carole Fournaise (FS) + **Profs EB** (EB Barcelos) + **Math Biology** Francesca Aiello.

16:30 – 17:00: **Patroness**: Silvia São Miguel (FS) **and Patron**: Hugo Vilela (APN) + Alessandra Pentone (ICB)

17:00 – 17:30**The signature of the International PROTOCOL of Collaboration** (30 min)

17:30 – 19:00: **Official Closing** by Representatives of **FS + DGS + DGE + DGSS+ CMB + CMM + CMF**

19:00: **Closing Cocktail....**